

MEETING – PLEASE NOTE DATE

Tuesday, April 18, 7:30 pm  
St. John Activity Centre, 91 Lakeshore Rd

**SPEAKER:** Trinity Arsenault  
Student, Open Water Swimmer  
and World Record Holder

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## Breaking Down Barriers



Trinity is an exceptional Grade 11 student who is committed to challenging herself and supporting financially needy students who love sport. Not only did Trinity swim across Lake Erie, she is the youngest person to swim across Lake Ontario, at age 14

and, two years later, in August 2016, became the youngest Canadian to swim across the English Channel. Her swims raise money for JumpStart Charities and she is a spokesperson for *I am a Girl Canada*. Along with her mom and her sister, she is passionate about encouraging others to break down barriers to reach their goals.

*Her swims raise money for JumpStart Charities*

## President's Message

Well I think that Spring might just arrive, although it certainly was questionable recently! I was sad to have to cancel our March meeting with our speaker Margaret Wentz. Hopefully she will be willing to speak to us next year, perhaps in a more reliable weather month! Sometimes we forget that we do live in Canada after all. Spring for CFUW St. Catharines brings us to our AGM, which will be on April 18th this year. Please note, the meeting is the 3rd Tuesday, not the 2nd Tuesday of the month. The reason? The church, because of Easter services, is not available and we decided to change the date, not the venue! The AGM has many important things that will need your participation.

- Marilyn Wallace will present the slate for the New Executive, which will need your approval.
- Nancy Ferris-Hostick will need your input into serious matters that she will need to vote on at the National CFUW AGM on your behalf. The AGM is in Richmond, BC this year in June.
- Budgets need to be approved, which will include our new projects that will replace The Gift of Reading. I guess "replace" is



Heather Hall

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really not the right word, as it was a project that cannot be replaced, but we did, through much research, come up with some exciting new projects that you can get involved in.

Our speaker for the April General Meeting will certainly make the evening memorable **and a “not to be missed” event.**

And tickets for The Spring Fling will be available.

**This year, we chose Coppola’s Ristorante on Carlton St., St. Catharines** for its convenient location, lots of free parking and its amazing menu. Plus no buffet!

**It’s table service! You definitely will not be hungry or disappointed!**

*We need your input  
at this meeting*

And we have a *special surprise*. Our beautiful Syrian Family, Mohammad, Nuha and their 3 children Rama, Reetaj and new baby Yazan are going to be there to meet you. It has now been one year since they arrived in Canada.

**And don’t forget to get your tickets** for the House Tour on May

7th. It is going to be another winner, with really interesting houses. This of course is so important for CFUW St. Catharines and its awarding of scholarships and helping women and children in our community. It makes me proud to know how much we do in St. Catharines.

And the birds were louder this morning!!

## CFUW NATIONAL NEWS

Registration is now open for the National Annual General Meeting in Richmond, BC June 22-24, 2017. Information is available [at this link](#).



*CFUW women know no obstacles!*

## JOIN OUR EXECUTIVE - JUST 2 SPOTS LEFT!

Our Executive has openings for the positions of Vice President and Standing Committee Rep Status of Women & Human Rights. These positions offer interesting opportunities to participate in the leadership and representation of our many worthwhile Club activities, and to give

back to our community. The new Executive structure is designed to share work more evenly and to make processes less time-consuming. Please contact Past President Marilyn Wallace for more information, and to propose yourself or recommend another member. Your participation is valuable.

Thanks to all of you who have agreed to take on new, and continue in, Club and Charitable Fund Executive roles in 2017-18. **Everyone’s ongoing support** of our Club is most appreciated!

## Accolades for a Club Member

**T**he District School Board of Niagara (DSBN) has recognized Caroline Nolan for her contribution to the Gift of the Arts, a program that enables students to

attend theatre productions and various live and visual arts shows. See page 2 of the DSBN Newsletter [at this link](#).

Chartered Federation of University Women  
42<sup>nd</sup> Annual  
**HOUSE  
TOUR**



*Sunday, May 7, 2017*

## House Tour Tickets For May 7, 2017 Now Available!

On-line: <http://www.cfuwstcatharines.org/house-tour-2017/>

Ticket outlets: check <http://www.cfuwstcatharines.org/house-tour-2017/> for the list of outlets across the Niagara Region

Contact the Ticket Team:

Mary Jane Waszynski (905) 359-8942 [mjwaszynskiOT@hotmail.com](mailto:mjwaszynskiOT@hotmail.com)

Angie Mannella (905) 937-0342 [angie.mp@sympatico.ca](mailto:angie.mp@sympatico.ca)

Mary-Clare Cavasin (289) 668-6429 [mary.clare@outlook.com](mailto:mary.clare@outlook.com)

Tickets will also be available at the April Meeting on the 18th.

**The big day is fast approaching! Tell your friends and family to join us in support of women's education.**

We can only reach our goals with the help of the club membership.

**There will be a meeting of Head and Ticket Hostesses at 6:30 pm in advance of the April 18th meeting.**

We are in desperate need of more hostesses to help on May 7th. !!! Contact Jean Tonogai

### **Please consider a donation.**

Your personal support will help us fund more scholarships for young women. If you are not able to participate in the House Tour, or would like to increase your contribution, a donation will go a long way. You can pick up a House Tour donation form at the April 18th meeting, donate on line at this [link](#) or mail a cheque to CFUW St. Catharines, 125 Carlton Street, PO Box 23011 St. Catharines ON L2R 1R5 . Thank you.

### **Private Shopping Event at the Post Office Wednesday March 29th 5-7 pm** **"Inspired Design. Quality Clothing. Innovative Experience"**

**J**oin CFUW members, friends and family for an evening of shopping at Shannon Passero's store "The Post Office" located at 18 Front St N., Thorold. Guests will receive 10% off the regular price of store items plus an additional 10% of sales will be donated to the CFUW Charitable Fund in support of the House Tour.

A true destination store, The Post Office offers a unique shopping experience in a beautifully restored

building. An eclectic assortment of high quality clothing, accessories, home furnishing and decor make your visit a truly memorable event. Enjoy local wine and yummy light bites while you "shop till you drop"!

See you there! Everyone is welcome—family, friends and members.

Please RSVP to Jean Tonogai 289 696-1400 or [jean.tonogai047@gmail.com](mailto:jean.tonogai047@gmail.com)

Canadian Federation of University Women  
42<sup>nd</sup> Annual  
**HOUSE TOUR**



Sunday, May 7, 2017

The Munro House  
5 Ormond Street S, Thorold



Having once lost a home to fire, a wealthy entrepreneur built this house in 1868 with brick walls three layers thick. In its heyday, the home saw many large family and business gatherings. Sadly, over recent years, this house fell into disrepair but the current owners have lovingly restored it taking appropriate care to maintain its historic integrity.

The Beach House  
7 Beachaven Dr., St. Catharines



What's not to love in a house by the water? This is a "city cottage" with views of Lake Ontario and décor that reflects a relaxed lifestyle by the shore. Built in 1967, this home features the original cedar and stone façade and an open concept with vaulted ceilings.

A Private Country Retreat  
525 Roland Road, Pelham  
Roland Road was named after the family that first farmed this land in the 1800s and former Governor General Roland Mich-



ener was their most illustrious descendent. The current owners purchased the house in 2007 and extensively renovated it to create a private country retreat complete with swimming pool and tennis court.

A Crown Jewel on King Street  
15 King Street, Thorold

"Living small" characterizes this home that was once a 525 square foot building that stood in the way of construction for the Thorold Tunnel. Moved to its current location in 1964, it was enlarged by approximately 300 square feet and now embodies the charm and functionality of small space living.



Pelham Manor  
2590 Centre Street, Pelham

Set in the rolling hills of Pelham, this home provides a magnificent view of the surrounding countryside. It is a superb house that showcases the homeowners' fascinating history in the shipping industry, by means of an heirloom collection of navigational instruments restored from Great Lake freighters.



**B**ecause touring can be thirsty work, we have to thank the Ontario Paper Thorold Seniors Centre for providing a refreshment location on Tour Day. This landmark is an important "adaptive reuse" story in heritage preservation. Built in 1914 as the L.G. Lorriman School, this building was converted to the Thorold City Hall in 1981 and then repurposed once again in 2013 as a Seniors' Centre. Be sure to stop by for a break in the afternoon.



## April Activities



Meditation – Every Tuesday  
1:30 p.m.  
Dress comfortably. Learn to meditate.

**Location: Pat Milland's home**  
Contact: Pat Milland  
Everyone welcome.



Games Night—April  
Thursday, Apr. 27th, 2017  
7:00 – 9:00 p.m.

**Location: Sharon Thorne's home**  
Contact: Julie Dennis



Breakfast Club—April  
Tuesday, Apr. 25th, 2017  
9:00 a.m.

**Perkin's Restaurant,**  
89 Meadowvale Dr.  
St Catharines  
Contact: Joan Clancy

Everyone welcome.



Stitch-to-Stitch—April  
Monday, Apr. 24th, 2017  
1:30 p.m.

Knitters, Sewers, Quilters and  
Needlecrafters welcome

**Location: Sue Hughes' home**  
RSVP: Sue Hughes 905-688-0150



Movie Night—April  
Wednesday, Apr. 5th  
approx 7:00 p.m.

Movie: TBD Mar. 31st  
Dinner: usually 5:00 p.m.  
**@ Kelsey's, 220 Glendale Rd,**  
Contact: Pat Paulin

Jaunters—April  
Thursday, Apr. 20th, 2017  
9:15 a.m. carpool from Glenridge  
Plaza

Sirius Glassworks Studio – glass  
blowing demo, 2739 Hwy. 3, Port

**Colborne and Smokin' Buddha Restaurant –**  
culinary demo, 265 King St.  
RSVP Judy Sewell or Caroline Nolan



Lively Arts – April/May  
Friday, May 5th, 2017  
8:00 p.m.

The 25th Annual Putnam County  
Spelling Bee  
Firehall Theatre, 4990 Walnut St,  
Niagara Falls

Cost \$20; Seniors \$18

Dinner: 5:30 p.m., Moose & Pepper Bistro,  
4740 Valley Way, Niagara Falls

RSVP Payment due Mar. 21st: Marg Thibeault,  
**Margaret Grunstein, Elinor O'Neill**



House Tour Fundraiser  
Wednesday Mar. 29th, 2017  
5 p.m. – 7 p.m.

The Post Office – Shannon Passero  
18 Front St N, Thorold  
10% off + 10% to House Tour  
RSVP: Jean Tonogai  
Everyone Welcome – family, friends  
and members.



For more information go to the website  
<http://www.cfuwstcatharines.org>  
or contact Marlene Slepokov

## Social Action

### Syrian Family Update

Report from Denise Bradden

Our financial responsibility to our family ended on February 20th and they are now receiving Ontario Works, nevertheless their need for support continues and we are all happy to maintain the established relationship. They continue to do well with Mohammad taking every opportunity to earn some money while continuing school. He has also enrolled in driver education. Nuha is continuing to become more comfortable speaking English and is coping with being a

mother to three little ones. The girls are both doing well and baby Yazan has morphed from a peanut to a little pumpkin. Susan and I met with the group in Welland who have agreed to sponsor Nuha's sister and family. We are anxiously awaiting news of their acceptance.



### CFUW Streetwalkers for "Out of the Cold"

Report from Mary Anne DeRoy

Congrats to our CFUW STREETWALKER team members who enthusiastically participated in the Feb. 25th "Out of the Cold" walkathon, in support of "Start Me Up Niagara". This local community agency works with people who are facing significant life challenges such as addiction, mental illness, poverty, unemployment, and homelessness.

Our 13-member team wildly exceeded our fundraising goal of \$2000 by a long shot! We are proud to share our current total raised----an amazing \$4,795!!! We are very appreciative of all the many CFUW members

who sponsored us, both online and on the written pledge sheet! Your generous response really was heart-warming and encouraged us to soar! Thank you so much!

We actually came in first in Canada for CFUW teams, so our Club was represented royally! Another remarkable accomplishment is that SMUN has now raised \$97,600 so far, with this local Walkathon! Special thanks go out to Jan & Bob Tanouye who provided our team with backup support and guidance!

To our amazing STREETWALKER Team, it was a pleasure to be in your company! Please join me in congratulating each of these caring ladies:  
 Donna Pree, Yvonne Stevenson, Jean Tonogai, Kim McClay, Susan Pruyne, Noreen Vida, Liz DeJong, Susan Hughes, Maureen Shantz, Virginia Cianciolo, Angie Mannella, and yours truly....Mary Anne DeRoy (Team Captain)



## Update on Transfer of Nuclear Waste

Report from Susan Pruyn, Past President, Niagara District Council of Women

Subsequent to my visit to M.P. Dean Allison's office in January, Dean has been in the *Welland Tribune* with his thoughts on the transfer of liquid highly enriched uranium (HEU) through the Niagara Region and plans for an upcoming forum.

He gave a statement in Parliament on March 10, 2017 which can be found at [this link](#), and clicking on "Nuclear Hazard Waste." He has been quoted in an



article entitled, "Opposition Growing to Cross-border Nuclear Shipments." which can be found [here](#).

The Niagara District Council of Women has started a letter writing campaign to Prime Minister Justin Trudeau. Please let me know if you want a letter and I will get it to you. There is also a request to send a copy to your local M.P.

I have sent a letter to Prime Minister Justin Trudeau along with a copy of a letter from our National President Karen Dempster to the Honourable Jim Carr in an effort to stop the shipment.

The Resnikoff report, by a U.S. expert on nuclear transportation, concludes that this shipment should be solidified before transport or not transported at all and a media release by the Iroquois Caucus has condemned the transfer.

I have written letters to the editor to the *Welland Tribune*, *The Voice of Pelham* and *Niagara This Week* and an article by Allen Benner appeared in these three publications on February 14, 2017.

Read the article [here](#).

## Spring Fling—Tuesday, May 9, 2017

Spring Fling Tickets will be available at the April General Meetings and from:

Karen MacKay 905-687-2851 or  
Anne Marie Stockwell at 905-684-3516.

Deadline to obtain tickets—  
May 1, 2017

CFW's  
**Spring  
Fling**



Tuesday, May 9, 2017

**Coppola's Ristorante**  
203 Carlton Street

*Reception 5:30 pm (cash bar)*

*Dinner 6:30 pm*

*Tickets: \$40 per person*